

Islamic Doctrines on Spiritual Intelligence in Health Care Set Up .

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Spiritual intelligence is an invisible tool that can impede occupational stress at the workplace [1]. This letter is an attempt to revisit Islamic doctrines to make global crowd aware of the importance of spiritual intelligence in health care set up. In Islam, spiritual intelligence is achieved through consistent ablution of the soul, remorse, acts of devotion to God Almighty performing good deeds and avoiding evil [2]. Therefore, the health professionals may transform to angelic or serene personality and it is reflected in their attitude, emotion and behaviors to colleagues and patients [2]. Particularly, the core characteristics which mold the spiritual intelligence are Siddiq (truthfulness), Amanah (responsible), Tabligh (deliver), Fatanah (wisdom),Firasah (light) and Khalifah (vicegerent of God) [3]. Islamic doctrines in spiritual intelligence in health care set up may be summarized as (a) harmony brought about as a result of understanding of the fundamental questions and purpose of life, (b) peace and joy at work place,(c) may prioritize empathy, compassion in health care to deliver quality care to the patients and (d) to encourage a spiritually positive, balanced, and transparent transformation of the individual and the workplace to render productive and quality treatment to patients and holistic environment for the health professionals[4].

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