

Volume 24 Number 3-4
July-December 2019

**Founder , Owner and
EDITOR-IN-CHIEF:**

Prof. G.M. Malik MD, FACC .
Email: drgmalik70@gmail.com
PO BOX 884, Srinagar-190001 (INDIA),
Mobile 9419007198

EDITOR:

Zaffar Abbas Khatib MD
Email : zaffar.abbas@gmail.com
PO BOX 1216 GPO Srinagar-190001 (INDIA)
Mobile 9906524667

DEPUTY EDITOR

Malik Suhail MD
Mobile: 919596049122

CONSULTANT EDITORS:

USA : Farooque A Khan MB,MACP,FCPP; Arfa Khan MD PK ShahMD,FACS;Fiyaz A Shawl MD;Romes KhordariMD,FACP,FACE;FCAP, Ghulam Jeelani Dhar MD, FACC; Khalid J Qazi MD,FACP;Iftikar J Shah MD,FACC;MA Shah MD,FACC; Mir Tanver; Abdul Rouf Mir MD

UK : Altaf Hussain MS, MCh Orth;FICS MA Jalu, GJ Mufti DM, FRCP;GR Mufti FRCS;MA Mir FRCS KSA Mohmmad Al Karawal FA;Ibarahim AlTememi FA;Abdul Majid FRCS;Fadel ARazaak FRCS;Syed Manzoor Qazi FRCS;Saleh M Al Salamah FRCS;Shabir AQazi MS

INDIA : S Nundy MS, MCh; Naresh Tehran; MCh, Upendra Koul MD,DM,DNB; VP Venktachanlam MS; G.N Qazi (New Delhi) Ketan Desai MS, MCh; (UP) MS; S Sodan MS(Jammu)Sudipo Roy MD (West Bengal); MS Khuroo MD, DM; Showkat A Zargar DM; (Srinagar); Manish Sen Kinra MDS (Punjab)

ADVISORY BOARD

GQ Allaqaband FRCP; Girja Dhar MS;Mahmooda Khan MS; N.A.Wani MS; G.R. Mir MS; T.S. Sethi MS; AParihar DM; S. Abdul Ahad MS; Abdul KabirDar MD (ISM) MS, Khursheed Iqbal, Mushtaq AMagroob, Riaz Farooq, A.H Zargar (D.M), Qazi Masood (M.D), Shahida Mir (MS), Samia Rashid (MD); Rafiq Ahmad Pampori (M.S); Muzaffar Ahmad, MA Kamili, Parvez A Shah DM; Kaiser Ahmad, MD; Shahnaz Tang MD; Showkat Zargar DM; RP Kudiyar DM; KK Aggarwal MD; Pervaiz Kaul MD; Gul Javaid DM; Nighat Firdous MD.

Design & Layout

Shaheed-e-Azam Press & Hospitality Pvt. Ltd.
SCO 3-4, Chowk Gurudwara Dukhniwaran Sahib,
Sirhind Road, Patiala-147001 (Punjab) India
0175-2357981, 98146-32807
email: shaheedeazampta@gmail.com

ISSN0971-8834

RNI-JK-ENG-1994-2673

AIMS AND SCOPE

JK-Practitioner is a multidisciplinary Medical Journal published quarterly from Srinagar. Emphasis is placed on matters related to medicine in the country in particular, while articles from anywhere in the world are given due importance. Besides original articles and case reports the journal includes clinical reviews, guest articles and special articles on current topics in medicine and therapeutics

INFORMATION FOR SUBSCRIBERS:-

The **JK-PRACTITIONER**- Frequency Quarterly, one volume per year beginning in January. Other issues in April, July and October. **Correspondence regarding Editorial matters** should be addressed to the Chief Editor, G M Malik, PO BOX No.884,GPO, Srinagar, Kashmir (INDIA). **Annual Subscriptionrates:- Personal Rs.500/- Institutional Rs.700/-, Reduced Rs.400/-Institutional rate** applies to Libraries, Schools, Hospitals, Clinics,Commercial and Private institutions and organisations. **Reduced rate** is available for medical students only. **Rates outside India** US \$100/-Gulf countries SR 100/-All other countries US \$100 or equivalent. **Concessional Rate for personal subscription** is available for a three year term at Rs.1400/- . Outside India US \$ 200/- Gulf Countries SR 250/-Postal Charges within the country are Rs.50/-extra for a oneyear subscription. **Single current issue** Rs.125/-. **Prices are subject to change. Change of Address:-** The publisher must be notified 60 days in advance. **Indexing/Abstracting Services:-**The journal is currently abstracted and indexed in in **SCOPUS, EMBASE/Excerpta Medica** database, **IndMED, Pubmed (Medline)** and listed in **Ulrich's Periodicals Directory (USA), INSDOC (INDIA). And Index Academicus (IA). Copyright information:-**When the manuscript is accepted for publication the authors agree to automatic transfer of the copyright to the publisher that the manuscript will not be published elsewhere in any language without the consent of the copyright holder. Old issues ofthe journal can be purchased at 15 % discount subject to availability. **INFORMATION FOR AUTHORS SUBMITTING MANUSCRIPTS:-**Manuscripts are to be submitted on a CD in **MS Word** with two hardcopies*.The articles undergo the standard review process. Please allow 9-12 weeks before information regarding acceptability, resubmission or rejection is conveyed to the authors. Once the articleis cleared for publication the authors will have to bear the publication cost.

**WEBSITE : <http://www.indmed.nic.in>.
<http://www.jkpractitioner.com>**

*To speed up the process of REVIEW, manuscripts could be submitted on **zaffar.abbas@gmail.com**

SUBMISSION CHECKLIST

Please make sure you have satisfied the points on the following checklist before submitting your manuscript.

1. Email addresses

Do you have a list of the email addresses for all the co-authors of the manuscript? You will need to provide these so that we can inform the co-authors when the manuscript has been received and when it is published.

2. Instructions for Authors

peer reviewers and editorial board selection

Have you read the detailed Instructions for Authors and are aware of the peer review and selection process.

3. Covering letter

Have you prepared a covering letter for your submission

4. Manuscript files

Do you have all the files for the manuscript in an acceptable format

5. Article-processing charges

An article processing charge of Rs. 8000/ is payable for articles accepted for publication in JK-Practitioner

6. Are you one of the authors of this article?

If not, you cannot submit the article on behalf of the authors. As part of the submission process you will assign a corresponding author for the article, and this can be yourself or a co-author. Once the manuscript is submitted the contact author takes responsibility and receive correspondence sent throughout the peer review and production process.

7. Conditions of submission and JK-Practitioner Copyright and License Agreement

Do you confirm that all the authors of the manuscript have read and agreed to its content and are accountable for all aspects of the accuracy and integrity of the manuscript in accordance with ICMJE criteria? Do you confirm that you have ethical approval for any human or animal experimentation? Do you confirm that the manuscript is original, has not already been published in a journal and is not currently under consideration by another journal? By submitting the manuscript, you are confirming these points and agreeing to these and all other terms

of the JK-Practitioner Copyright and License Agreement

Yes, I am the submitting author of this article and I accept the conditions of submission and the JK-Practitioner Copyright and License Agreement.

Authorship Form

Each author should meet all criteria below (A, B, C, and D) and should indicate general and specific contributions by reading criteria A, B, C, and D and checking the appropriate boxes.

A. I certify that

- The manuscript represents original and valid work and that neither this manuscript nor one with substantially similar content under my authorship has been published or is being considered for publication elsewhere, except as described in the journal's submission form and cover letter submitted with the manuscript, and copies of closely related manuscripts have been provided; and I agree to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved; and If requested, I will provide the data or will cooperate fully in obtaining and providing the data on which the manuscript is based for examination by the editors or their assignees; and For papers with more than 1 author, I agree to allow the corresponding author to serve as the primary correspondent with the editorial office, to review the edited manuscript and proof, and to make decisions regarding release of information in the manuscript to the media, federal agencies, or both; or, if I am the only author, I will be the corresponding author and agree to serve in the roles described above.

B. I have given final approval of the submitted manuscript.

C. I have participated sufficiently in the work to take public responsibility for (check 1 of 2 below) part of the content. the whole content.

D. To qualify for authorship, you must check at least 1 box for each of the 3 categories of contributions listed below.

I have made substantial contributions to the intellectual content of the

paper as described below.

1. Check at least 1 of 2 below

- conception or design
- acquisition, analysis, or interpretation of data

2. Check at least 1 of 2 below

- drafting of the manuscript
- critical revision of the manuscript for important intellectual content

3. Check at least 1 below

- statistical analysis
- obtaining funding
- administrative, technical, or material support
- supervision
- no additional contributions
- other

Acknowledgement Statement

Authors should obtain written permission from all individuals named in an Acknowledgment, since readers may infer their endorsement of data and conclusions. The corresponding author must check the following box:

A. I certify that all persons who have made substantial contributions to the work reported in this manuscript (eg, data collection, analysis, writing or editing assistance) but who do not fulfill the authorship criteria are named, along with their specific contributions in an Acknowledgment in the manuscript and all such persons have provided me with written permission to be named.

Confirmation of Reporting of Funding and Conflicts of Interest. Please check A and B. Also check C or D.

I certify that all funding, or other financial support, and material support for this work are clearly identified in the manuscript.

B. I have completed the ICMJE for Disclosure of Potential Conflicts of Interest (available at <http://www.icmje.org>) and will submit it to JK-Practitioner

C. I certify that all my potential conflicts of interest (as reported in the ICMJE), are disclosed in the Acknowledgment section of the manuscript.

OR

D. I have no potential conflicts of interest.